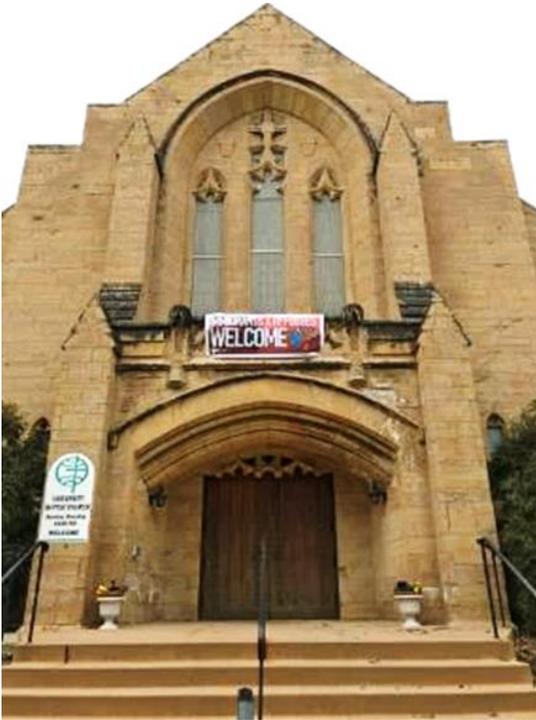


# UBC NEWS



University Baptist Church

1219 University Ave SE

Minneapolis MN 55414

Established 1850 at St. Anthony Falls, MN

May 2022

## From the Pastor

### Theology Revisited

The Alliance of Baptists had their twice-postponed virtual theological conference over the weekend of April 21-24. Several UBCers attended.

For those who could not attend, look at the Alliance website for recordings of the lectures and worship services.

They even published a book with contributions from most of the conference leaders--one of the advantages of a twice-delayed conference. The book is entitled *Taking on the Cross: Reimagining the Meaning of Jesus' Life and Death*. Sounds like a pretty audacious title. I found the essays a great compliment to the conference, offering us the opportunity to go deeper. I've ordered a stack of these books for a study at UBC sometime in the future.

The authors were all looking at the theology of substitutionary atonement. Their particular focus was how this theological framework has perpetuated a violent status quo by deifying a violent God and



ordaining that human suffering is a central part of God's plan, and even the way to attain salvation. While this may have grown churches over the years, it has also codified a theology that has too often victimized people on the margins of church and society. It's instructive that most of the authors and speakers were not white men. Their perspectives bring us new insights.

I, for one, am so glad that we are leaning into the intersections of race, class, theology, gender, and gender identity. I have to believe that when the Word of God came to this earth, that Word came precisely for that intersection. It's high time that we consider the many aspects of God's Word as we figure out not only how to live, but to thrive in this point in our collective history.

Blessings and Peace,

*Doug Donley*

# Calendar for May

1	2	3	4	5	6	7
<b>10 am</b> Worship Joys & Concerns <b>11:15 am</b> Forum <b>5:30 pm</b> Shape Note	<b>11:15 am</b> Meals on Wheels <b>5 pm</b> Inter Spanish <b>6:15 pm</b> Beg Spanish	<b>11:15 am</b> Meals on Wheels <b>7 pm</b> Memoir Group	<b>11:15 am</b> Meals on Wheels <b>6 pm</b> Choir <b>7 pm</b> Bells	<b>11:15 am</b> Meals on Wheels <b>4:30 pm</b> Adv Spanish Conversation <b>6:30 pm</b> Caregiver Support Group	<b>9:45 am</b> Every Meal	<b>9 am</b> Bible Study <b>11:30</b> Bell Roadie Rehearsal <b>1:30 pm</b> Drop in for homeless
8	9	10	11	12	13	14
<b>10 am</b> Worship Joys & Concerns	<b>5 pm</b> Inter Spanish <b>6:15 pm</b> Beg Spanish	<b>7 pm</b> Anti-Racism Group	<b>6 pm</b> Choir <b>7:30 pm</b> Bells	<b>4:30 pm</b> Adv Spanish Conversation <b>6:30 pm</b> Card Club		<b>1 pm</b> Book Group
15	16	17	18	19	20	21
<b>10 am</b> Worship Bells Play Joys & Concerns <b>11:15 am</b> Forum <b>12 pm</b> Council <b>2 pm</b> Bell Concert	<b>5 pm</b> Inter Spanish <b>6:15 pm</b> Beg Spanish <b>7 pm</b> Knitting Grp	<b>7 pm</b> Memoir Group	<b>7:30 pm</b> Bells	<b>4:30 pm</b> Adv Spanish Conversation		<b>9 am</b> Bible Study
22	23	24	25	26	27	28
<b>9:15 am</b> Drop in Choir <b>10 am</b> Worship Joys & Concerns <b>11:15 am</b> Forum	<b>5 pm</b> Inter Spanish <b>6:15 pm</b> Beg Spanish	<b>7 pm</b> Anti-Racism Group	<b>6 pm</b> Choir <b>7:30 pm</b> Bells			
29	30	31				
<b>10 am</b> Worship Joys & Concerns	<b>5 pm</b> Inter Spanish <b>6:15 pm</b> Beg Spanish	<b>7 pm</b> Memoir Group				

## Want to Sing?

Are you interested in participating in the choir but are challenged by the rehearsal and performance schedule?  
Feel free to "drop in" on **May 22 at 9:15 am** for a 30-minute rehearsal and singing.

Please contact David Lesniaski, Music Director, for more details.

## MAY WORSHIP SCHEDULE

**Worship Theme:**  
**Sacred Spaces**

### May 1

**Preaching:** Doug Donley  
**Worship Leader:** Gayla Marty  
**Scripture:** Exodus 5:1-23  
**Sermon:** "Rise Up"

### May 8

**Preaching:** Doug Donley  
**Worship Leader:** Deidre Druk  
**Scripture:** Exodus 2:1-10  
**Sermon:** "Holding on, Letting Go"

### May 15

**Preaching:** Doug Donley  
**Worship Leader:** Paula Moyer  
**Scripture:** Psalm 30:4-12  
**Sermon:** "Joy in the Morning"

### May 22

**Preaching:** Doug Donley  
**Worship Leader:** Megan Dahlberg  
**Scripture:** Psalm 104  
**Sermon:** "Seek the Land"

### May 29

**Preaching:** Doug Donley  
**Worship Leader:** Jean Lubke  
**Scripture:** Acts 1:1-11  
**Sermon:** "Arise"

## FORUMS IN MAY

Sunday forums have resumed! They are held in the sanctuary or lounge and available on Zoom, too, from 11:15 am to 12:15 pm (11:30 am if we have coffee hour)

### May 1—Sermon talkback

"Rise Up" Exodus 5

### May 8—Mother's Day—no forum

### May 15—Library

What do we want from the UBC library? Do we want a scholar's/reference library? A reader's library that welcomes all, with current books that reflect our values and mission? Do we want a meeting room? Do we want a memorial library that houses books that were special to members long ago? Do we want a cozy reading/study room? Also, who decides what stays and what gets discarded? And how do we keep track of what is there? Trish Donley will facilitate.

### May 22—Sabbatical preview

Pastor Doug Donley's last Sunday before the bell tour and his sabbatical will be June 5, our annual meeting day. He will return September 17. Rev. Matty Strickler will be our sabbatical interim. Joint services with First Congregational Church are being planned for July. Come to this forum to learn more about the sabbatical time.

### May 29—Memorial Day weekend—no forum

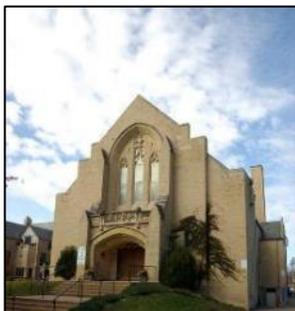
### Joint Worship with FCC in July

We will once again have combined worship services with our friends at First Congregational Church in July. The tentative schedule is:

**July 3 & 10 at UBC**

**July 17 & 24 at FCC**

## What's Going On



### Sunday Morning Worship

**10 am – Worship in the sanctuary**

**10 am – Livestreaming service on the [UBC YouTube](#) page** (search University Baptist Church Minneapolis MN).

**11 am (or when the livestream has ended) – Joys & Concerns in the sanctuary and on Zoom**

**11:15 am – Forums as indicated (11:30 am if we have coffee hour)**

**ZOOM INFO:** Meeting ID 839 4725 7444 passcode 257750

<https://us02web.zoom.us/j/83947257444?pwd=cFZCWEdqUkR0RDgwT0JwT3hrQ3FpUT09>



**Meals on Wheels – May 2-5 (first full week of the month).** Meals are picked up around 11:15 am and the route in SE Minneapolis usually takes less than two hours. If you have any questions, please contact Marie LaFrance at [marielafrance46@gmail.com](mailto:marielafrance46@gmail.com).

**Spanish classes – Mondays (Intermediate 5-6 pm, Beginners 6:15-7:15 pm) and Thursdays (Advanced Conversation 4:30-5:30 pm).** If

you are new to Spanish or not yet ready for conversation, the Beginning Class is a great option for you, with focus on vocabulary development and verb conjugation. If you are comfortable with basic Spanish, the Intermediate Class would be a good fit for you. The focus is on reading, writing and discussing. We have added an advanced conversation class on Thursdays. If you have any questions, please contact Anielka Montiel at [anymontiel22@gmail.com](mailto:anymontiel22@gmail.com) or 651-295-4590.



**ZOOM INFO:** meeting ID 836 6517 4632 passcode 216793

<https://us02web.zoom.us/j/83665174632?pwd=Um9Pem0zOEZQcWpkMU5kYkNqNTFPdz09>



**Memoir Writing Group – May 3, 17 & 31 (every other Tues.) at 7 pm**

Prompts include *May Day, Birds, Migration, Spring, War* and *People who have influenced you* or anything else you feel called to write about. If you have any questions, please contact Trish Donley at [patricia.donley63@gmail.com](mailto:patricia.donley63@gmail.com).

**ZOOM INFO:** Meeting ID: 831 4584 1908 Passcode: 313775

<https://us02web.zoom.us/j/83145841908?pwd=djhuSmMwZ1NESXZ5SEXNOURXa2FNQT09>

**Bells and Choir Rehearsal – Wednesday evenings** in the church sanctuary. Please see the calendar for specific times.



**Caregivers Support Group – May 5 (1<sup>st</sup> Thurs.) at 6:30 pm.** UBCers who have an elderly parent meet for support. If you have any questions, please contact Jean Lubke at [lubk0001@umn.edu](mailto:lubk0001@umn.edu).

**ZOOM INFO:** meeting ID 854 4842 3829 passcode 289297

<https://us02web.zoom.us/j/85448423829?pwd=R0d6eXNvcFdwTE5GRUpWQ3EvM1A1dz09>

## More of What's Going On



**Every Meal – May 6 (1<sup>st</sup> Fri.) at 9:45 am** at Marcy Open School. Volunteers are needed to deliver meal bags to student backpacks in their lockers during the school day. If you are interested, please contact Denise Roy at [denise.roy@mitchellhamline.edu](mailto:denise.roy@mitchellhamline.edu).

**Bible Study – May 7 & 21 (1<sup>st</sup> & 3<sup>rd</sup> Sat.) at 9 am.** We'll read 1 Corinthians 15 and 16 on May 7 and wrap up on May 21, and then break for the summer. All are welcome. For more information, please contact Diane Ehr at [DianeEhr@q.com](mailto:DianeEhr@q.com).

**ZOOM INFO:** meeting ID 886 6992 0103 passcode 613038  
<https://us02web.zoom.us/j/88669920103?pwd=dnozWEYzQUh1RU5HUTFWcVd3ZFY1Zz09>



**Anti-Racism Discussion and Action Group – May 10 & 24 (every other Tues) at 7 pm.** We are discussing *Trouble the Water, A Christian Resource for Work of Racial Justice*, edited by Michael-Ray Mathews, Marie Clare P. Onwubuariri, and Cody J. Sanders. If you have any questions, please contact

Denise Roy or Doug Donley.

**ZOOM INFO:** Meeting ID: 831 4584 1908 Passcode: 313775  
<https://us02web.zoom.us/j/83145841908?pwd=djhuSmMwZ1NESXZ5SExNOURXa2FNQT09>

**Card Club – Thurs., May 12, 6:30-9 pm** at Jean Lubke's home. This group meets monthly to learn card-making techniques, share ideas, and make beautiful greeting cards. All materials (except your scissors and adhesives) are provided in exchange for a \$5 minimum donation to Project MN-Leon. Due to the limited space and the need to prepare materials, registration is needed for each month's session. All participants must be fully vaccinated. If you are interested, please contact Jean at 651-295-7525 or [lubk0001@umn.edu](mailto:lubk0001@umn.edu).



**UBC Grace in Contemporary Literature by Women Book Group – May 14 (2<sup>nd</sup> Sat.) at 1 pm.** The book this month is *The Dutch House* by Ann Patchett. If you have any questions, please contact Chris Follett at [chrisf2828@yahoo.com](mailto:chrisf2828@yahoo.com).

**ZOOM INFO:** meeting ID 815 2376 4072 passcode 525996  
<https://us02web.zoom.us/j/81523764072?pwd=Q1hlc2VFdnIOMEl1VWhXNzdKRDdjQT09>

**UBC-FCC Knitting Group – May 16 (3<sup>rd</sup> Mon.) at 7 pm** at Cynthia Hobbie's home. The group is made up of stitchers from UBC and First Congregational Church. All are welcome! If you have any questions, please contact Chris Follett at [chrisf2828@yahoo.com](mailto:chrisf2828@yahoo.com).



## They Gathered Early in Dinkytown – At the Sunrise

It was quiet and very cool in the early morning in Dinkytown, and a small group of UBCers had gathered for an Easter Sunday outdoors sunrise service at 6:30 am. The sun had risen just moments before, but was yet to seep in and around the corners and over nearby buildings. A shadowy gray remained within the church yard.

In the west, the Pink Moon of April was alone and bright in the sky; and traffic sounds were nil from the nearly silent streets.

Thermometers read 27 degrees and the group circled to revel in the warmth of a fire pit set beneath the limbs of the yard's trees.

Pastor Doug spoke of Mary's visit to the tomb and the resurrection. He handed out cards and invited attendees to write on their cards what personal burden they would wish to shed in their future –and to drop the card into the fire; a symbol for their own renewal.



Kathleen Tice and Karen Swenson gave brief readings. Jim Ross took photographs. And close by, David Lesniaski played music softly on a portable keyboard as the service ended; and the church's upper east exterior walls became awash in the sunshine, awaiting still another wonderful Sunday service—only three hours away, only indoors.

- Don Follett

Easter flowers on display in the sanctuary.

Photos by Jim Ross



### New Tech Equipment for the Sanctuary

Thanks to many generous donors, we now have new cameras and a new screen for the sanctuary. As of this writing, they are being installed and ought to be used by the end of May. That means no more using a laptop to start the zoom and no more mobile TV cart with lots of wires. We hope to have someone hired to run the sound and livestream on Sundays.

Thanks again to Jim Ross and Becca Donley who have carried the majority of the livestream and sound responsibilities for these many months.

## Baptism of Santos on Easter Morning



## And the Carillon Choir played



Photos by Jim Ross

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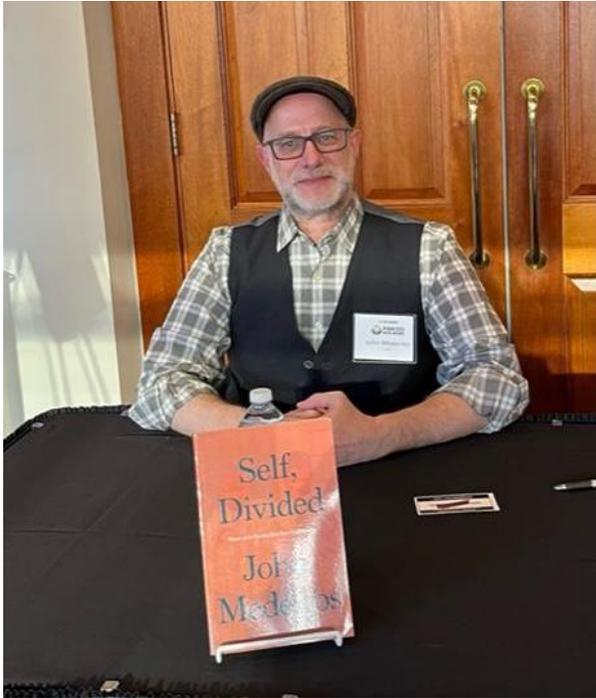
## From the Capitol to George Floyd Square—Walk May 21

Join a contemplative walk on Saturday, May 21, with the **Hey White People, We Have Work to Do** effort to support those who are committed to living an anti-racist life. This pilgrimage is nine miles in length, one mile for each minute George Floyd was held to the ground, with no mercy or aid, until he died on May 25, 2020.

It begins at 8:00 am at the Minnesota State Capitol, proceeding to Marshall Avenue west through the Rondo, Lex-Ham and Mac-Groveland neighborhoods to the Mississippi River, then onward on Lake Street to Chicago Avenue and south to 38th. The route leads to George Floyd Square where protectors of the square will greet the pilgrims and offer a tour. There will be times of group reflection along the way and individuals are welcome to join the walk at any place along the route. Please see [www.heywhitepeople.org](http://www.heywhitepeople.org) for additional information, the route map, and the background regarding this activity.

## CONGRATULATIONS TO JOHN MEDEIROS

John Medeiros (below), at the book signing table at the 34th Annual Book Awards Ceremony. His book, *Self, Divided*, was selected as a finalist this year in the Memoir and Creative Nonfiction category. *Self, Divided* did not win this year, but John will always be a winner to us!



In 1995, John and his identical twin brother, Robert, participated in a gene therapy study in which the HIV-positive twin was infused with billions of genes from the HIV-negative twin. *Self, Divided* explores the dysfunctional yet enduring relationships that surround this pivotal moment in John's life and family, capturing how we are all connected, in one way or another, to those around us.

John is the author of *couplets for a shrinking world* and co-editor of *Queer Voices: Poetry, Prose, and Pride*. He is the recipient of two Minnesota State Arts Board grants and has received several awards.

## MAY AND JUNE SPECIAL OFFERING

UBC's mission offering for the months of May and June will be to support organizations which advocate for and support our **LGBTQ+ community**. There are groups which provide a voice at the Capitol, free HIV testing and counseling for youth/young adults, and support for the LGBTQ+ community who are victims of violence.

We would like to help these organizations with our special gifts especially as we approach Pride weekend in June. Thank you for your support!



## DROP-IN DAY

**Saturday, May 7th 1:30PM-3:30PM**

**University Baptist Church  
1219 University Ave SE, Minneapolis, MN 55414**

### A WARM MEAL, RESOURCES, AND CONNECTIONS

Come by University Baptist Church anytime between 1:30pm and 3:30pm for a warm meal, haircut, shower, find resources and connections (masks are encouraged and will be provided).



To request interpreting services or accommodations for this event, please contact [secomo@secoma.org](mailto:secomo@secoma.org).  
Para solicitar servicios de interpretación o acomodaciones, por favor contacte [secomo@secoma.org](mailto:secomo@secoma.org).  
Tshavim rau thov tus meeg bihais lus losis kev pab, thov hu rau [secomo@secoma.org](mailto:secomo@secoma.org).  
Si aad u cobito turjubaan ama waafaj, fadlan la xirir [secomo@secoma.org](mailto:secomo@secoma.org).

Sponsored by the Accompanying Unsheltered Neighbors Group, a collaborative of organizational partners including: Aliveness Project, First Congregational Church of Minnesota, Hennepin County Library-Arvonne Fraser, Marcy Holmes Neighborhood Association, Off-Campus Living at the University of Minnesota, Raising Cane's, Steller Hair, Southeast Como Improvement Association, University Baptist Church, University Lutheran Church of Hope, & Gray's Dinkytown

## Getting to Know Ryan Kellogg

### + How did you find UBC?

I found UBC through my lovely and talented wife, Wendy Matsutani, who was a part of the choir while we were dating. I came mainly to see her sing, but ended up being refreshingly surprised by the service and values. Pastor Doug needed some help hanging banners, and quickly got me on a ladder putting them up. Being asked to help regardless of my newness, faith, or relative infamilarity was humbling and refreshing. Simply being called to help and serve was a reminder that we as individuals have more to offer others than we often believe or give ourselves credit for.



Wendy, Ryan and Mochi cutting down a Christmas tree

### + What do I like most about UBC?

What I like most about UBC is the inclusivity and care for the community, the environment, and social justice, to name a few things. In my first visit I was really enamored by the Joys & Concerns section and the creation of a place to be vulnerable as a congregation of equals. It was a very different service format and values than what I had been raised with, and helped me challenge my assumptions about what community worship could mean.



Ryan and Godson Finnley

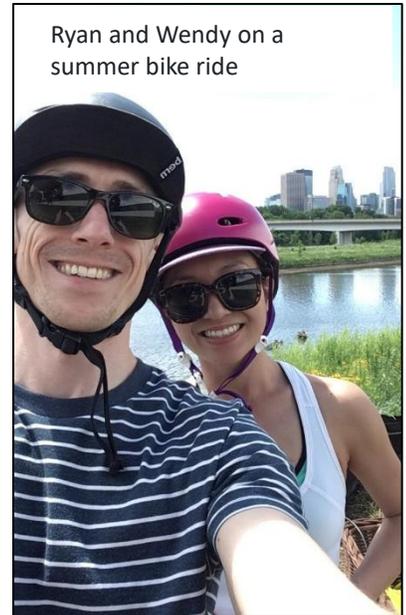
### + What is your favorite season?

My favorite season would have to be fall. The crisp air, colors, smells, and sound of crunching leaves makes for perfect (and relatively sweatless) walks or bike rides. The harvest foods and cozy bonfires can't be overlooked either.

### + Favorite way to be active/workout?

I used to be a very avid soccer player, but I've lately traded in the contact sports for more outdoorsy activities such as biking and bouldering - a form of rock climbing without a rope on short, technical walls or boulders

sitting over a "crash pad." I've mainly been climbing in a gym, so I'd like to get more into outdoor climbing, especially now that the State Parks have changed their stance a bit on climbing within their boundaries.



Ryan and Wendy on a summer bike ride

### + If you could visit anywhere in the world you've never been, where would you go?

There are so many places, but I'd have to say Vietnam would be on top of my list. The scenery, history, food, culture, and people have always been compelling to me. I'd like to do a motorbike tour one day, but the country is also on my dad's bucket list so I hope we'll have the chance to travel there one day together before a long trip becomes too difficult for either of us.

Congrats to Wendy and Ryan Kellogg! Their private COVID wedding of two years ago was recreated and celebrated in person surrounded by their family and friends on April 30.

## The Bell Choir is Traveling to Scandinavia!

If you ask any member of the Bell Choir about their trip coming up on June 6 –24, they will probably start out by saying, “FINALLY!” Yes, COVID-19 put a huge delay in our plans, but now it is a ‘GO’! But after the exasperation, comments turn to excitement: Laurie Brazman is going to look up her cousins. Karole Graham is looking forward to seeing the Husqvarna Museum in Sweden. Betsy Kerr is looking forward to seeing the Fjords. Did you know that Norway has the most, with more than 1,000? Most of Norway’s 29,000 km of coastline is made from fjords.

Jill Easton is looking forward to getting to know everyone better in the Bell group and Jonathan is looking forward to meeting new people--two things we will all do for sure!



### CONCERTS

If you have any friends or family living near any of these concerts, please send them the details and encourage them to attend. We would love to have them in the audience!

#### Local Concerts

**Sunday, May 15, 2 pm** - Timber Hills Senior Living, Inver Grove Heights

**Sunday, June 5, 3 pm** - Farewell Concert at UBC

#### Scandinavia Concerts

**Wed., June 8, 2 pm & 3 pm** – Vår Frue - Åpne Kirke and **7 pm** Iken Kirke, Trondheim Norway (northernmost point on the map)

**Sun., June 12, 7 pm** – Knarvik Church – Bergen Norway (C on the map)

**Wed., June 15, 7 pm** – Ski Nye Kirke – Ski Norway (D)

**Thurs., June 16, 7 pm** – Joint Concert with Cantus Cordi Women’s Choir – Majorstuen Kirke – Oslo Norway (D)

**Sat., June 18, 6 pm** – Lundby Nya Kyrka – Gothenburg Sweden (F)

**Sun., June 19, 6:30 pm** – Allianskyrkan – Jönköping Sweden (G)

**Wed., June 22, 7 pm** – Islev Kirke – Copenhagen Denmark

### Who’s Traveling?

Jean Lubke - Director

Laurie Brazman

Jeanne Daniels\*      \*=Roadie

Doug Donley

Kim Donley

Deidre Druk

Jill Easton

Margie Garmers

Karole Graham

Jodi Gustafson\*

Kathryn Jacobs\*

Betsy Kerr

Carol Lilygren

Jonathan Lubke

Michael Lubke

Rochelle Milbrath

Robbie Steele\*

Lauren Thrift

Janella Wendorf

The Carillon Choir thanks you all for your support and love. If you would like to support their tour costs you have options:

- Write a check to UBC with *Carillon Choir Tour* in the memo line.
- Go to UBC’s online donation page [www.ubcmn.org/giving](http://www.ubcmn.org/giving) and click “Give” under the *Bell Choir Scandinavia Tour* box.

## Simple Swaps We Can All Do To Reduce Our Waste

By Trish Donley, Ramsey County Recycling Ambassador

As a follow up to the forum Trish moderated on April 24, here are some ideas to reduce your waste:

- Bring bags to the store—keep them in your car and your purse/knapsack.
- Refuse to use plastic water bottles—bring refillable bottles.
- Bring refillable mugs to coffee shops.
- Use cloth napkins. If you use paper napkins, be sure to compost them.
- Bring bags for produce instead of using new ones at the store—or don't use a bag at all.
- When going out to eat, bring leftovers containers (containers from previous take out often work great!)
- Refuse plastic straws (bring your own or just don't use them).
- When buying produce in plastic containers (like lettuce or other greens), consider using those containers for other things—like to sort items in your cupboards or refrigerator or underneath your sink.
- Avoid “wish cycling”—putting things in the recycling bin that aren't recyclable (biggest example—black plastics are not recyclable even though they have the recycling logo on them). This can contaminate a whole batch of recycling and result in the whole batch being sent to the landfill.
- Save plastic that is shrink wrapped around paper towels and toilet paper and even furniture—this can be recycled along with plastic bags in the bins outside of many stores like Cub, Target, WalMart, etc. (Of course, the best thing to do is to reuse those plastic bags until they have holes or until they are no longer usable.)
- Reduce food waste as much as possible. Learn how to store produce for the longest life, plan meals to use up perishables, freeze leftovers that might not get eaten, share food with others. Put things away in the refrigerator so the items that need to be used first are in the front. Have a bit of stale bread? Make croutons, bread crumbs, or french toast. If you're not likely to use a whole loaf before it goes stale or molds, keep it in the freezer and thaw slices as needed. Have a bunch of bits none of which amount to a whole meal? Make a pot of soup or a hot dish and freeze any leftovers.
- Collect clean vegetable peels and bones and keep in the freezer. When you have a good amount, cover with water, add a few spices and a bay leaf, and simmer until you have a nice flavorful broth. I find poultry seasoning has just the right flavor profile for this application.
- Compost or participate in any food scraps collection system in your neighborhood. If you live near a gardener, they are likely to welcome your food scraps to make compost. Worried about fruit flies and odors? Consider keeping your bin in your refrigerator or freezer. Many municipalities supply bins and bags for free or at a minimal cost.
- When you cook a squash or a pumpkin, collect the seeds, wash them off, and roast them instead of discarding (a labor of love, but worth the effort!)
- Save the bottom ends of lettuce, scallions, and celery. Put them upright in a shallow dish of water on a sunny window sill. They actually grow! Scallions can also be planted in dirt for continued growth.
- Avoid using plastic wrap to cover items. If they're going in the fridge, could you put a plate on top instead? Consider using foil or reusable beeswax wrap.
- Consider buying items in bulk using your own bags or bottles as receptacles. Glass jars work great for this. Take them to the cash register and ask for the Tare Weight. They will deduct this amount from the weight of the item you purchase. Food Co-Ops and stores like Whole Foods and Fresh Thyme and even Cub have these bins. At some stores, you can purchase your laundry detergent, liquid hand soap, and olive oil this way!

*Continued on page 12*

*Swaps - continued*

- Keep a large bowl or basin in your sink. When using water to soak or rinse something, capture that water and use it to water your plants. Likewise, capture pasta water to water your plants.
- Rinse and reuse Ziplock type bags. These are also great for using at bulk bins at the store.
- Many plants like coffee grounds! Search on Google for which ones do, and let your grounds have a second life!
- Consider companies that use less plastic or minimal packaging. Make your buying decisions not only based on the item you are purchasing, but also the ethics of the company and the packaging they use. For instance, I buy my toilet paper from a company called Who Gives a Crap! They ship me a large box of toilet paper. Each roll is wrapped in colorful paper (reusable/ recyclable). No plastic anywhere. This company is a Certified B Corporation, meaning they meet certain environmental and sustainability standards. And they use their profits to build toilets for people in need! I buy my dishwasher detergent (and after I use up my current laundry detergent, I'll buy that from them too) from Dropps. Another Certified B corporation that sends its pods in fully recyclable packaging. Both of these options make my life easier because they are shipped to my door!
- Speaking of liquid hand soap, consider using bar soap to avoid plastic bottles. If you do use plastic bottles, consider buying larger refill bottles of hand soap and shampoo and dish soap to reduce plastic waste.
- And speaking of bar soap, did you know shampoo and conditioner are sold in bars too? Look for multi-purpose bars with paper packaging.
- Avoid disposable razors. Consider replacing blades instead. Two companies that offer this are Harry's and Dollar Shave Club. You purchase a low cost starter kit and then they can send you razor refills on an as-needed basis. I think Harry's is now available at Target too.
- Consider deodorant in cardboard packaging. There are several brands that offer this. They are definitely more expensive. Keep your eyes opened for sales.
- Have any twist ties hanging around? They work great to encourage young tomato plants to grow through their cages.
- Have items you no longer need? Consider posting them to give away on your local Buy Nothing Facebook group, or on NextDoor. Or look up the item at [www.donategoodstuff.org](http://www.donategoodstuff.org) for places that are looking for just that item. Reportedly, only about 10% of items donated to Goodwill are actually sold.
- Do what you can to stop receiving so much junk mail. For every unwanted catalog, call the catalog company or go to their website and enter your name exactly as it appears on your catalog. This takes a lot of effort, but saves so many trees! If you want to continue receiving a catalog, consider receiving an emailed version. You can also go to [www.catalogchoice.com](http://www.catalogchoice.com) to try to get off many mailing lists at once. Also go to [www.dmachoice.org](http://www.dmachoice.org) to remove yourself from mass mailings. When you receive mailings from charities you support, contact them either by phone or email and tell them you want your money to go to the organization and not wasted on mailings, address labels, and calendars! To stop receiving credit card solicitations, go to [www.optoutprescreen.com](http://www.optoutprescreen.com). There is an app called Paper Karma that may be helpful too, but it has mixed reviews. When ordering online, there will often be a box that is checked that says something like "send me information about future sales. or promotions". Always uncheck that box!
- Save paper that is printed on one side to use to print on the other side. Or consider not printing things out but saving in a file on your computer.
- Have any stained T shirts laying around? They work great as cleaning rags! And also to clean up spills instead of paper towels.
- Speaking of cleaning, consider making your own household cleaners out of ordinary household items like vinegar, baking soda, lemons, oranges, limes, and castile soap. There are recipes online.

*Continued on page 13*

*Swaps - continued*

- Do you need a new phone case? Consider one from an organization called Pela. They make compostable and eco-friendly cases. ([www.pelacase.com](http://www.pelacase.com))

- I follow a woman on YouTube who has a great channel (Shelbizleee). She has a tagline that I love: [YOU CANNOT DO ALL THE GOOD THAT THE WORLD NEEDS, BUT THE WORLD NEEDS ALL THE GOOD THAT YOU CAN DO](#)

**Attendees' ideas about Zero Waste from the 4/24 Forum that Trish moderated:**

- Look upstream at product packaging
- Buy used clothing (Goodwill, estate sales, etc)
- Use laundry sheets instead of large laundry jugs
- Use biodegradable pods for dishwasher/washing machine
- Use wool balls in the dryer
- Use white vinegar instead of fabric softener
- Buy in bulk – 5 lbs of coffee instead of 5 – 1 lb bags
- Buy from companies who have a sustainability policy (Certified “B” corporation)
- Compost food scraps
- Get used boxes from loading docks instead of buying new
- Use/join a co-op.
- Avoid single-use products.
- Avoid black plastic as it is not recyclable.

**Find out Hennepin and Ramsey Counties recycling rules:**

<https://www.hennepin.us/recycling>

<https://www.ramseycounty.us/residents/recycling-waste>

**Online Giving Available**

You can donate funds electronically via the UBC website. Go to [ubcmn.org](http://ubcmn.org) and scroll down to **GIVING** under Quick Links. This will take you to several options to donate to (pledge, Fellowship Fund, monthly mission offering, Bell Tour, etc.)

Click on one of them and indicate how much and often you want to give. Please choose the option to add a small amount to your gift to help reduce processing fees. You may want to set up an account with Vanco, our administrator, to keep track of your giving. If you have any questions, please see Denise Roy or Chris Follett

**Songs about Water: A Celebration of Water in the Shape Note Tradition**

**Sunday, May 1, 5:30-7:30 pm at University Baptist Church**

We will sing from two books: Denson and Shenandoah Harmony, and songs that are water-related are requested. A short tour of the UBC raingardens will be given at the break. Guests are welcome. No experience necessary, and books will be provided.

Masks will be optional for this outdoor event, but please wear a mask inside UBC (restrooms available).

Please dress for the weather. We'll sing under the portico in the event of rain.

This event is an educational component of the University Baptist Church Raingardens project, supported in part by the Mississippi Watershed Management Organization. You will have the opportunity to appreciate the lovely functional channel drain, crafted by the Chicago Fire Arts Center, that conveys stormwater to the main raingarden. This corten steel channel drain was a gift to University Baptist Church from our shape note community, and is finished with cut-out shaped notes.

## Volunteer Opportunities

### Afghan Evacuee Resettlement

*Alight* (formerly the American Refugee Committee) has received funding to place Afghan families in the Twin Cities and our very own Trish Donley is spearheading the UBC volunteer effort toward that endeavor, which will involve arranging items that are brought to homes by others (i.e., staging the home for families, setting up kitchens, assembling/arranging furniture, making beds, etc.).

If you would like to help, volunteers can sign up at [volunteer@wearealight.org](mailto:volunteer@wearealight.org). If you have any questions, please contact either Teresa Janicke Devick (with Alight) at [tridevick@yahoo.com](mailto:tridevick@yahoo.com), or Trish Donley at [patricia.donley63@gmail.com](mailto:patricia.donley63@gmail.com). COVID vaccines, background checks and masks are required.

### Every Meal

UBC participates in *Every Meal*, a program that distributes meals over weekends and school breaks for families of children who receive free and reduced meals when school is in session. UBC is scheduled to distribute at Marcy Open School on the **first Friday of each month** from 9:45 am to about noon. If you would like to volunteer, please contact Denise Roy at [denise.roy@mitchellhamline.edu](mailto:denise.roy@mitchellhamline.edu).

### Meals on Wheels

UBC has an opportunity to participate in Meals on Wheel on the first full week of the month (**May 2-5**). We have four drivers currently and would love to add one or more to rotate in. Meals are picked up around 11:15 am and the route usually takes 1-2 hours. If you have any questions, please contact Marie LaFrance at [marielafrence46@gmail.com](mailto:marielafrence46@gmail.com).

### Little Free Pantry

UBC is looking for backup volunteers to keep our Little Free Pantry stocked. We are looking for individuals who might be willing to stop by the church at least once a week to stock the pantry.

Suggested items to donate to the Little Free Pantry include:

- Toiletries (toothbrushes, deodorant, sample sized shampoo/body wash/hand sanitizer, razors, feminine hygiene products)
- Boxed mixes that only require water to prepare
- Bars/cracker packs
- Ramen/instant soup in a cup
- Rice/pasta/quinoa
- Canned items with pop tops
- Boxed mac & cheese
- Protein shakes
- Tuna packets
- Individually wrapped utensils with napkins

If you would like to volunteer, please contact Trish Donley, our Little Free Pantry coordinator, at [patricia.donley63@gmail.com](mailto:patricia.donley63@gmail.com).

### Coming Up:

#### Pride Festival

The LGBTQ Pride Festival will take place in Loring Park on **June 25-26**. If you would like to participate in or help coordinate the UBC booth for this year's festival, please contact John Medeiros at [johnthomasmedeiros@gmail.com](mailto:johnthomasmedeiros@gmail.com).

#### Loaves and Fishes

UBC will host Loaves and Fishes on **Friday, July 29**. If you would like to participate, please contact Steve Lee at [steven.lee@thrivent.com](mailto:steven.lee@thrivent.com).

## UBC Sanctuary Guests and Support

Our friends from Honduras continue to make big strides in their growth here in Minnesota! Can you believe that it has been three years since they arrived to be with us? Jonathan has really improved his English and is raising his grades as a 6th grader at Anderson Middle School.

Santos is also learning English, looking for work and has been fitted with a prosthesis for his arm which even allows him to strum his guitar! He is very happy about this!

They are still in need of our financial and voluntary support. Ways you can help:

- We are in great need of drivers to help transport our friends to doctor and physical therapy appointments.
- We are in need of shoppers to help with picking up groceries every other Saturday as well as people to help with after school homework.
- We could use your financial donations to the Sanctuary Fund for groceries, clothes, etc.

All of these things only involve a couple of hours of time, but they are a BIG support that makes a BIG difference! Please contact Deidre Druk, if you have any questions or would like to help out!

- *Deidre Druk*



The Minnesota Freedom Band (left) held a well-attended concert at UBC on April 24.

**Photo by Doug Donley**

## FINANCIAL SECRETARY'S REPORT

UBC's projected operating income for 2021-22 is a little over \$345,000. This includes the final adjusted amount of \$25,355 carry-forward from 2020-21 and the Foundation distribution of \$54,739.



Other gifts and miscellaneous income provide 3% of our budget. These are mostly gifts made by pledgers beyond their pledge or from people who did not pledge.

As of April 24, operating income continues to be strong. Pledges, special and miscellaneous gifts and rents total \$219,045, which is \$10,711 more than the pro-rata expectation.

Most of our income (55%) comes from the pledges made by members. Income received is behind by more than \$13,000. Please let me know if you are unable to make your pledge.

Expected annual rental income of \$60,000 is 18% of our budget. This category has a surplus of over \$5,000 to date due to some late rent from last fiscal year and ad hoc rentals. (Thank you, Patrick!)

Based on past years, we'd expect about \$10,000 in donations for the entire year.

Thanks in large part to several large undesignated donations and generous staff appreciation gifts, to date we have a surplus of over \$18,000 in this category, which is helping offset the pledge deficit.

The Foundation distribution is 17%, which includes 9% (\$29,406) for the Property Manager position. The Foundation Funds are transferred to the UBC checking account as needed by the treasurer.

Operating Income 2021-22	%	Budget	Expected	Received	Over (short)
Pledge Income	55	\$180,000	\$150,000	\$136,427.30	(\$13,572.70)
Rental Income	18	\$60,000	\$50,000	\$55,765.84	\$5,765.84
Other income*	3	<u>\$10,000</u>	\$8,333	\$26,851.91	<u>\$18,518.58</u>
Subtotal		\$250,000	\$208,333	\$219,045.05	\$10,711.72
Carry-forward	8	\$25,355			
Foundation	17	<u>\$54,739</u>			-
Total Operating	100.00	\$330,094			
Justice & Outreach		<u>\$15,000</u>		\$8,593.07	
Total Budget		\$345,094			

\*individual gifts, loose offering & miscellaneous income

Our budget anticipates \$15,000 in designated Justice & Outreach donations over the course of the year. However, we will donate only as much as is raised from monthly special offerings. Currently we have received \$8,593.07 for all special offerings.

The dedicated offering for Jan./Feb. was for children/hunger organizations. We received \$1,009 for this cause. The Mar./April offering was for peace organizations which we have received \$680 to date.

*Chris Follett, Financial Secretary*

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## From the President

### Time & Talent

**A**s you know, we are in the midst of preparing for UBC's next program year by gathering commitments of treasure, time, and talent. If you haven't sent your pledge of treasure to Chris Follett, please connect with her. It's not too late!



On the time and talent front, UBC's Talent Team has been gathering information about community members' passions, interests, needs, and abilities. Harriet Johnson and Sue Wester make up this year's hard-working team. Thanks to their efforts and the generosity of many, we have identified volunteers for most of the myriad opportunities for service that keep UBC vibrant, meaningful, and effective. Still, there remain key roles for which we need volunteers in time for election at the June 5 Annual Meeting.

Most of the remaining vacancies are for seats on the UBC Church Council. Elected Council positions include the President, Treasurer, Church Clerk, and Coordinators for the ministry teams of Church Life, Outreach, Property, and Communication. Over the past year, those positions have been filled by Denise Roy (President), Mindy Lee (Treasurer), Gayla Marty (co-coordinating Church Life with Betty Shaw), John Medeiros (co-coordinating Outreach with Kim Donley), and Matty Strickler (Communication Coordinator). We have had two unfilled vacancies—Property Coordinator and Church Clerk—but managed to get by with the generous help of Property Manager Patrick Mavity, Council members who

rotated taking minutes at Council meetings, and Jean Lubke who updated and organized membership records.

Starting July 1, the seats most in need of volunteers are President or Co-President (teaming with Denise Roy), Treasurer, Church Clerk, Outreach Co-Coordinator (teaming with Kim Donley), and Communication Coordinator. Other pressing needs include someone to coordinate Forums (supported by Gayla Marty) and someone to serve with Jean Lubke and Megan Gunnar Dahlberg on the Personnel Committee.

Please consider serving in one of these roles if you are able. Responsibilities may be shared. Training and transitional assistance will be provided. Remote participation is welcome. Most importantly, service on the Council is a great joy that will help fill your cup as you serve the church.

For more information or to express interest, please contact Harriet Johnson, Sue Wester, or me, and be sure to indicate your interests using the online [Time & Talent Form](#). If you'd prefer to receive a paper form by mail, let Pastor Doug know at [pastor@ubcmn.org](mailto:pastor@ubcmn.org) or 612-331-1768. We will be working to fill positions right up to the June 5 Annual Meeting.

Thank you! Your commitment of time and talent is very important to fulfilling the mission of UBC.

- Denise Roy

**UNIVERSITY BAPTIST CHURCH  
COVID-19 PROTOCOL  
FOR USE OF BUILDINGS AND GROUNDS**

**INDOOR GUIDELINES**

- For worship services and other formal and informal group gatherings, masks and six-foot distancing are required for all, whether or not vaccinated, including while singing and while speaking in-person during Joys & Concerns. Those speaking from the pulpit may remove their masks while speaking.
- Tenants and others who are alone in their own offices do not need to wear masks.
- Sanitizing hands and surfaces is strongly encouraged.

**OUTDOOR GUIDELINES**

- Masks and six-foot distancing are strongly encouraged; this includes singing.

*Updated 9/19/2021*



**May Birthdays**

- |                           |                                |
|---------------------------|--------------------------------|
| 2 John Lee                | 27 Ty Wottrich                 |
| 3 Caroline Lee, Lu Carman | 28 Chundra Walton, Jadzia Gray |
| 7 Jay McKibbins           | <b>May Anniversaries</b>       |
| 14 John Medeiros          | 2 Wendy & Ryan Kellogg         |
| 19 Bill Allen             | 4 Kym & Adam Wilbrecht         |



Photo by Doug Donley

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612-331-1768, [info@ubcmn.org](mailto:info@ubcmn.org)  
[www.ubcmn.org](http://www.ubcmn.org)  
Rev. Douglas M. Donley, Pastor  
*Please send contributions by*  
**the 25<sup>th</sup> of the month** to  
Chris Follett, Editor at  
[chrisf2828@yahoo.com](mailto:chrisf2828@yahoo.com)